#### **Taxi Services**

Private taxi services provide transportation for consumers traveling to and from a specific location. Taxi services typically have an established fare recorded by a meter.

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### **MyMobility Plan**

The mobility planning toolpdf icon can guide you to take action today to help keep yourself—or your loved ones—safe, mobile, and independent tomorrow.

Source

Centers for Disease Control (CDC)

Article

#### **Transportation: What Caregivers Need to Know**

Ways to help your loved one get around when you can't provide a ride.

Source

AARP

Links

#### Lyft

Source

Lyft

Article

### **Older Adults and Transportation**

Older adults need convenient, affordable, and accessible transportation options in their local communities.

Source

National Aging and Disability Transportation Center

**Books & Guides** 

# Transportation Options for Older Adults and People with Disabilities

The publication <u>Transportation Options for Older Adults and People with Disabilities</u> introduces consumers to community transportation services and provides information to consider when making transportation decisions.

Source

National Aging and Disability Transportation Center

**Books & Guides** 

## **Choices for Mobility Independence: Transportation Options for Older Adults**

The publication <u>Choices for Mobility Independence: Transportation Options for Older</u>
Adults provides resources and information for senior transportation.

Source

National Aging and Disability Transportation Center

Article

## Parking Placards and Plates for Virginians with Disabilities

DMV offers parking placards and plates for customers with temporary or permanent disabilities that limit or impair their mobility.

Source

Virginia Department of Motor Vehicles

Links

### <u>Uber</u>

Source

<u>Uber</u>

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