

## Private Providers

Private companies offer various types of transportation, typically for a fee. Private transportation includes long-distance transportation, ride app services such as Uber or Lyft, and local or regional taxi services.



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## Virginia Breeze Bus Lines Achieves Record-Breaking Ridership, Connecting More Virginians in 2024

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[Virginia Department of Rail and Public Transportation](#)

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## [\*\*MyMobility Plan\*\*](#)

The mobility planning toolpdf icon can guide you to take action today to help keep yourself—or your loved ones—safe, mobile, and independent tomorrow.

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[Centers for Disease Control \(CDC\)](#)

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## **U.S. DOT Air Travel Tips**

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## **What Caregivers Should Know About Senior Transportation Services**

Ways to help your loved one get around when you can't provide a ride.

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[AARP](#)

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## **Why Mobility Managers Can Be Transportation Game Changers**

Mobility managers are transportation coordinators for older adults, people with disabilities, veterans, and other members of the riding public. They can help people “find a ride” by connecting them to transportation options in their communities.

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## **Lyft**

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## **Older Adults and Transportation**

Older adults need convenient, affordable, and accessible transportation options in their local communities.

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