Family Dynamics

Family dynamics and history can impact long term care discussions and the ability to reach consensus. When communicating as a family consider your unique family dynamics and each person's expectations and perspectives.

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SAGE: Advocacy and Services for LGBT Elders

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SAGE: Advocacy and Services for LGBT Elders

Article

The "Typical" LGBTQ Caregiver

<u>The "Typical" LGBTQ Caregiver</u> fact sheet from National Alliance for Caregiving (NAC) and AARP provides information about LGBTQ caregivers and their needs for information, resources, and services.

Books & Guides

Caregiving in the LGBT Community

<u>Caregiving in the LGBT Community</u> provides a guide to engaging and supporting LGBT caregivers through programming.

Source

SAGE: Advocacy and Services for LGBT Elders

Article

Special Concerns of LGBT Caregivers

While many issues are the same for all caregivers, some unique considerations arise for lesbian, gay, bisexual, and transgender (LGBT) people dealing with aging.

Source

Family Caregiver Alliance

Article

5 Tips for Difficult Family Caregiving Conversations

Regardless of your specific caregiving situation, you're likely to engage in many challenging conversations with those you care for, as well as with other family members.

Source

AARP

Article

1 in 4 Family Caregivers Is a Millennial

A high percentage of unpaid family caregivers in the United States are millennials, and they face special emotional and professional concerns because of dueling commitments.

Source

A New Generation of Caregivers: Grandchildren Taking Care of Grandparents

A new generation of young people is stepping up to help care for their aging and ill family members. Today 24% of informal caregivers are between the ages of 18 and 34. Millennials and members of Generation Z are aging into the caregiving role.

Source

AgingCare.com

Links

NextAvenue: Caregiver Support and Resources

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