

## [Technology and Tools](#)

Technology can enhance your life and help you more effectively care for your family member. Learn about assistive technology and communication, caregiving and technology, home modifications and universal design, and useful gadgets and tools.



[View PDF](#)

[Links](#)

## [PODCAST: Healing Ties](#)

Source

[PODCAST: Healing Ties](#)

[Links](#)

## [PODCAST: Happy Healthy Caregiver](#)

Source

[PODCAST: Happy Healthy Caregiver](#)

Links

## **PODCAST: Daughterhood for Caregivers**

Source

[PODCAST: Daughterhood for Caregivers](#)

Links

## **PODCAST: Confessions of a Reluctant Caregiver**

Source

[PODCAST: Confessions of a Reluctant Caregiver](#)

Apps

## **Life360: Location Tracker**

Find family and friends with the Life360 phone location tracker app. Experien

Source

[Life360: Location Tracker](#)

Article

## **Universal Design Resources**

Universal Design (UD) is a strategy for making products, environments, operational systems, and services welcoming and usable to the most diverse range of people possible.

Source

[U.S. Department of Labor: Office of Disability Employment Policy](#)

Links

## **Libby App: Free library reading app**

Source

[Libby App: Free library reading app](#)

Article

## [Update Your Digital Skills](#)

The AARP Foundation has created resources and video tutorials to help you build your digital skills.

Source

[AARP](#)

Links

## [AARP Foundation Digital Skills Ready @50+](#)

Source

[AARP Foundation Digital Skills Ready @50+](#)

Links

## [SilverBills: Concierge Bill Management](#)

Source

[SilverBills: Concierge Bill Management](#)

### **Pagination**

- [Current page 1](#)
- [Page 2](#)
- [Page 3](#)
- [Page 4](#)
- [Page 5](#)
- [Page 6](#)
- [Page 7](#)
- [Next page >>](#)
- [Last page Last >](#)

Showing 1-10 of 62 Results