#### **Living with Alzheimer's and Dementia**

Many organizations have information about Alzheimer's disease and Dementia that could assist you as you provide everyday care.

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Links

#### <u>Agitation in Alzheimer's Screener for</u> Caregivers (AASC®)

Supporting Caregivers in Identifying Symptoms of Agitation in Alzheimer's Dementia (AAD)

Source

Agitation in Alzheimer's Screener for Caregivers (AASC®)
Article

#### **The DICE Approach Online Training Program**

The DICE Approach Online Trianing Program provides an evidence-based video training program for caregivers of people with dementia.

Links

#### **Dementia Capable Virginia ~ Resources**

Source

Dementia Capable Virginia ~ Resources

Links

#### **Alzheimer's Association Caregiving Resources**

Source

Alzheimer's Association Caregiving Resources

Article

# A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners

A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners contains resources and information for advanced care planning. Source

BOLD Public Health Center of Excellence on Dementia Caregiving (PHCOE-DC)

Article

### Learn About Alzheimer's Disease and 8 Ways to Lower Your Risk of Getting It

Alzheimer's disease is the most common type of dementia. Alzheimer's disease involves parts of the brain that control thought, memory, and language. If not treated, it can affect a person's ability to go about their normal routines. Source

Centers for Disease Control (CDC)

Article

## Hearing aids slow cognitive decline in people at high risk

Studies have found an association between hearing loss and the development of dementia in older adults. Learn about research that suggests that using hearing aids to treat hearing loss may help slow the development of cognitive problems.

Source

#### **CDC: Alzheimer's Disease and Dementia**

Source

CDC: Alzheimer's Disease and Dementia

Links

## <u>Alzheimer's Association TrialMatch: Find Clinical</u> Trials for Alzheimer's and Other Dementia

Source

<u>Alzheimer's Association TrialMatch: Find Clinical Trials for Alzheimer's and Other</u> Dementia

**Books & Guides** 

#### **Pathways To Well-Being With Dementia**

Pathways to Well-Being With Dementia gives essential information about living with dementia from 48 people living with it, their care partners, and leading dementia specialists. The science-based information is presented in a user-friendly format. Source

**Dementia Action Alliance** 

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