

[Insurance and Benefits](#)

Understanding insurance and benefits is important to ensure you receive appropriate health and long term care benefits and to assist you with future financial planning. Learn about community services available in your area and public and private insurance providers and benefits resources.



[View PDF](#)

Article

[Medicare Open Enrollment: Everything You Need to Know](#)

Learn everything you need to know about Medicare Open Enrollment including options, dates and resources to help!

Source

[AARP](#)

Apps

GoodRx: Prescription Drug Savings

GoodRx is an affordable health care and medication app and mobile health care

Source

[GoodRx: Prescription Drug Savings](#)

Links

Cardinal Care: A Program for All Medicaid Members

Source

[Cardinal Care: A Program for All Medicaid Members](#)

Article

Social Security Benefits Increase in 2024

Approximately 71 million Americans will see a 3.2% increase in their Social Security benefits and Supplemental Security Income (SSI) payments in 2024.

Source

[Social Security Administration](#)

Links

Medicaid at a Glance

Source

[Medicaid at a Glance](#)

Article

Virginia Medicaid Coverage for Adults

Medicaid has health coverage programs for adults in Virginia who qualify. There are no enrollment costs and no monthly premiums for adults between 19-64 years old

who qualify.

Source

[Cover Virginia](#)

Article

Cardinal Care: A Program for All Medicaid Members

Virginia Medicaid members will soon be part of Cardinal Care - a single system of care for all of our 2 million members. Cardinal Care will connect members to the care that they need when they need it and reduce transitions between programs as their health care needs evolve.

Source

[Virginia Department of Medical Assistance Services](#)

Links

AARP Long-Term Care Cost Calculator

Source

[AARP Long-Term Care Cost Calculator](#)

Article

Social Security's Top 10 Web Pages for 2023

Use key Social Security web pages to do your business or get answers.

Source

[Social Security Administration](#)

Article

How Do Medigap Plans Differ from Medicare Advantage Plans?

Learn about Medicare Advantage and Medigap Plans and changes you can make during the Medicare Annual Enrollment Period (AEP).

Source

Pagination

- [Current page 1](#)
- [Page 2](#)
- [Page 3](#)
- [Page 4](#)
- [Page 5](#)
- [Page 6](#)
- [Page 7](#)
- [Page 8](#)
- [Page 9](#)
- ...
- [Next page >>](#)
- [Last page Last >>](#)

Showing 1-10 of 106 Results