

There are an array of senior housing options in your community to meet your needs now and in the future. If you are looking for senior housing, the topics below provide information on community services and valuable resources for you and your family.



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Article

[**How Continuing Care Retirement Communities Work**](#)

Continuing care retirement communities, also known as CCRCs or life plan communities, are a long-term care option for older people who want to stay in the same place through different phases of the aging process.

Source

[AARP](#)

Links

Aging in Place: Your Home, Your Community, Your Choice

Learn more about the essentials of a successful plan using the materials available on this web page. Topics covered include: housing, health and wellness, transportation, personal finance, and social connections and growth.

Source

[Aging in Place: Your Home, Your Community, Your Choice](#)

Links

Age and Ability Inclusion Toolkit for Senior Living

Source

[Age and Ability Inclusion Toolkit for Senior Living](#)

Links

Frontdoor - National Fair Housing Alliance

Source

[Frontdoor - National Fair Housing Alliance](#)

Links

AARP: Rent and Mortgage Assistance Resource Center

Source

[AARP: Rent and Mortgage Assistance Resource Center](#)

Article

The VirginiaNavigator Guide: What to Do in a Financial Emergency

VirginiaNavigator can help connect you to resources during a financial emergency.

Source

Links

[**USA.gov Housing Help**](#)

Source

[USA.gov Housing Help](#)

Books & Guides

[**Housing Options for Older Adults**](#)

[Housing Options for Older Adults](#) is a resource guide for making housing decisions as you grow older.

Source

[National Association of Area Agencies on Aging](#)

Books & Guides

[**Accessory Dwelling Units: A Step by Step Guide to Design and Development**](#)

The AARP guide for Accessory Dwelling Units provides a step by step guide to ADU design and development.

Source

[AARP](#)

Books & Guides

[**The ABCs of ADUs: A Guide to Accessory Dwelling Units**](#)

The ABCs of ADUs is a guide to Accessory Dwelling Units and how they expand housing options for people of all ages.

Source

[AARP](#)

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