

## **Long-Term Care**

Planning for long-term care needs ensures that you will be able to live as independently as possible while also meeting your health, medical, and social needs. If you are interested in long-term care options, the topics below provide information on adult day programs, assisted living, retirement communities, and nursing homes.



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## **Virginia Assisted Living Finder**

Need help understanding and simplifying assisted living options? There's an array of senior living options across Virginia that cater to different needs. The Virginia Assisted Living Finder includes housing resources and FAQs on housing topics to help guide you and your family.

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## **Virginia Senior Housing Finder**

Need help understanding and simplifying senior housing? There's an array of senior living options across Virginia that cater to different needs. The Virginia Senior Housing Finder includes housing resources and FAQs on housing topics to help guide you and your family.

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## **How Continuing Care Retirement Communities Work**

Continuing care retirement communities, also known as CCRCs or life plan communities, are a long-term care option for older people who want to stay in the same place through different phases of the aging process.

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[AARP](#)

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## **LeadingAge Consumer Information Hub**

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## **11 Housing Options for Older Adults Who Need a Little - or More - Help**

Housing ranks among the biggest monthly expenses, but few older adults consider the most appropriate home settings for their needs.

Source

[AARP](#)

Article

## **Essential Questions to Ask a Nursing Home**

Choosing a nursing home can be challenging. Learn about some essential questions to ask when considering nursing home options.

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[U.S. News & World Report](#)

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## **Nursing Home Inspect from Pro Publica**

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[Nursing Home Inspect from Pro Publica](#)

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## **Finding a Nursing Home: Don't Wait Until You Need One to Do the Research**

If you're looking for a high-quality nursing home, the advice from experts is loud and clear: Do your homework.

Source

[AARP](#)

Links

## **Aging in Place: Your Home, Your Community, Your Choice**

Learn more about the essentials of a successful plan using the materials available on this web page. Topics covered include: housing, health and wellness, transportation, personal finance, and social connections and growth.

Source

[Aging in Place: Your Home, Your Community, Your Choice](#)

Links

## **Age and Ability Inclusion Toolkit for Senior Living**

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[Age and Ability Inclusion Toolkit for Senior Living](#)

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