

Community Best Practices and State Plans

Community best practices and regional and state plans provide a blueprint for developing exemplary aging services. And livable communities provide supportive community living for all residents across the lifespan. Find out more about what's going on in Virginia!



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Public Comment Period for Draft Amendments to the DARS State Plan for Aging Services

The Virginia Department for Aging and Rehabilitative Services has released draft amendments to the State Plan for Aging Services to align it with updated federal

Older Americans Act regulations. There is a Public Comment Period from March 24 to April 23, 2025. Comments can be submitted online, via email, mail, or fax.

Source

[Virginia Department for Aging and Rehabilitative Services](#)

Article

AARP Livability Fact Sheets: The Complete Collection

The Livability Fact Sheets were created in partnership by AARP Livable Communities and the Walkable and Livable Communities Institute with a shared goal of helping local communities become safer, healthier, more walkable and more livable for people of all ages.

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[AARP](#)

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LeadingAge Consumer Information Hub

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Books & Guides

Generations United: 2022 Grandfamilies Report

The 2022 State of Grandfamilies Report - Together at the Table: Supporting the Nutrition, Health, and Well-Being of Grandfamilies includes the latest findings on grandfamilies facing high rates of hunger and food insecurity.

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[Generations United](#)

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Age and Ability Inclusion Toolkit for Senior Living

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[Age and Ability Inclusion Toolkit for Senior Living](#)

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[Alice in Virginia: A Financial Hardship Study 2020](#)

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[Alice in Virginia: A Financial Hardship Study 2020](#)

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[Aging, Disability, and the Americans with Disabilities Act](#)

The Americans with Disabilities Act (ADA) is important to people of all ages including older adults.

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[Mid-Atlantic ADA Center](#)

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[Age-Friendly Resources](#)

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[USAging: Leaders in Aging Well at Home](#)

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[National Council on Aging \(NCOA\)](#)

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