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[Brain Injury Association of Virginia ~ Virtual Caregiver Support Group](#)

Date and Time

Monthly on the first Wednesday 6:00 to 7:00pm

Upcoming

- Wednesday 4/2/2025 6:00 to 7:00pm
- Wednesday 5/7/2025 6:00 to 7:00pm
- Wednesday 6/4/2025 6:00 to 7:00pm
- Wednesday 7/2/2025 6:00 to 7:00pm
- Wednesday 8/6/2025 6:00 to 7:00pm
- Wednesday 9/3/2025 6:00 to 7:00pm
- Wednesday 10/1/2025 6:00 to 7:00pm
- Wednesday 11/5/2025 6:00 to 7:00pm
- Wednesday 12/3/2025 6:00 to 7:00pm
- Wednesday 1/7/2026 6:00 to 7:00pm

Event Region

Statewide

Event Type

Support group

RSVP Info

To join, contact info@biav.net or 804-355-5748 ext. 102

Event Cost

\$0.00

Event Description

For Family Caregivers

Living with a brain injury can be an isolating experience. But you're not alone. Whether you are an individual living with a brain injury or a family caregiver, attending a support group gives you a safe space to talk to others who truly

understand what you're going through.

Join Us

Attend any of BIAV's support groups. Receive support, strength, and share your experiences with others in the same position.

Join us on the first Wednesday of every month at 6 pm.

Event Image or Sponsor Logo

Image

