

**Published on *SeniorNavigator* (<https://seniornavigator.org>)**

## **[Wellness Conference Celebrating Caregivers](#)**

Date and Time

Monday 10/21/2024 11:30am to 1:30pm

Event URL

[Register](#)

Event Region

Fredericksburg Area

Event Type

Conference

Event Cost

\$0.00

Event Description

Join Celebrate Helping Hands and AARP Virginia as we celebrate caregivers and their loved ones!

The Caregivers Wellness Conference is an annual celebration to honor those who are currently serving as a caregiver. There will be guest speakers, vendors and a complementary lunch to show appreciation to those who offer care to the ones they love.

***This event is free, but registration is required to attend.***

For questions, contact AARP Virginia at [aarpva@aarp.org](mailto:aarpva@aarp.org)

Event Image or Sponsor Logo

Image

