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## [The DICE Approach Online Training Program](#)

### **Dementia Caregivers**

Are you are caregiver of a person with dementia?

Are you trying to manage behavioral symptoms such as agitation, wandering, aggression, anxiety (and so many others)?

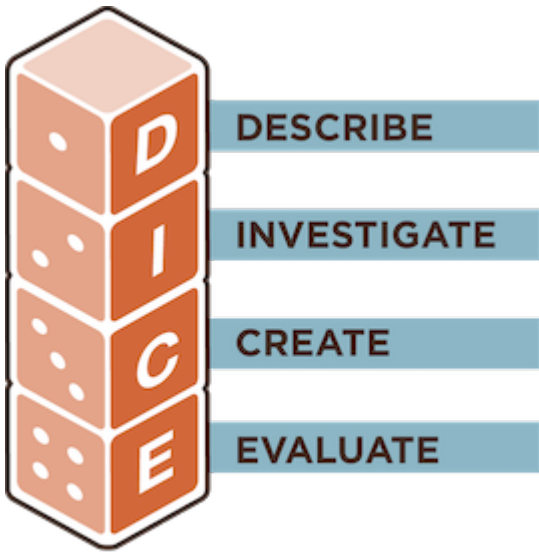
**Welcome to your one-stop location for evidence-informed training for assessing and managing the behavioral symptoms of dementia!**

Years of research, hands-on experience and feedback are the foundation of this customized video training program and detailed manual to provide caregivers the education, expertise, confidence and strategies needed to better assess and manage the behavioral symptoms that so frequently accompany dementia.

### **About The DICE Approach**

**While dementia is often thought of as a "memory" disorder, behavioral changes such as agitation, depression, aggression, hallucinations, wandering and many more are nearly universal. One or more behaviors will affect nearly every person with dementia over the course of their illness, causing one of the most difficult, stressful, and costly aspects of care, and often, stress and depression in caregivers.**

**Image**



**The DICE Approach represents a simple but systematic method for understanding, assessing and managing behavioral and psychological symptoms in dementia (BPSD). DICE is an adaptation of the reasoning process used by dementia behavior experts and numerous research trials involving behavioral management skills training for family caregivers.**

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