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[Take Control in 1, 2, 3: Disaster Preparedness Guide for Caregivers](#)

As a family caregiver, you are one of 53 million Americans caring for someone older, ill, or disabled. Those in your care depend on you for their safety and well-being—especially during emergencies. The Federal Emergency Management Agency (FEMA.gov) and the Rosalynn Carter Institute for Caregivers (RCI) (rosalynncarter.org) have created this [Disaster Preparedness Guide for Caregivers](#) to help you navigate the unique challenges that may arise when disasters strike.

Address of content item

United States