

## Explore Legal Topics

[Consumer Protection and Advocacy](#)

[Legal and Estate Planning](#)

[Long Term Care](#)

[End of Life Planning](#)

## Explore Legal Resources

Articles

### [\*\*Five Reasons to Update Your Estate Plan: Wills, Trusts, End-of-Life Documents\*\*](#)

Estate plans and wills need to be reviewed periodically to ensure that they still reflect your wishes through various life changes including: birth or adoption, marital status change, financial change, illness or disability or death.

Source

[Today's Caregiver](#)

---

## Recent Legal Articles

## Recent Legal Articles

Article

### [\*\*Genworth Cost of Care Survey Tool\*\*](#)

Using the Cost of Care Survey tool, you and your family can calculate the cost of long-term care now and in the future. The cost of care varies based on care setting, geographic location of care, and the level of care required.

Source

Genworth

Article

## **AARP Fraud Watch Network Helpline**

AARP's Fraud Watch Network™ Helpline is a free resource for AARP members and nonmembers alike. Trained fraud specialists and volunteers field thousands of calls each month. Get guidance you can trust, free of judgment.

Source

[AARP](#)

Article

## **Virginia Academy of Elder Law Attorneys (VAELA) Resources**

Learn about the resources and information offered from the Virginia Academy of Elder Law Attorneys (VAELA).

Article

## **Five Reasons to Update Your Estate Plan: Wills, Trusts, End-of-Life Documents**

Estate plans and wills need to be reviewed periodically to ensure that they still reflect your wishes through various life changes including: birth or adoption, marital status change, financial change, illness or disability or death.

Source

[Today's Caregiver](#)

Article

## **Virginia Long Term Services and Supports (LTSS) Finder**

Need help understanding long term services and supports options in your community? The Virginia Long Term Services and Supports (LTSS) Finder will help

you find home care, independent living, assisted living, memory care, and hospice in your community.

Source

Copyright © 2025 VirginiaNavigator; ALL RIGHTS RESERVED

Article

## **Five of the Biggest Scams to Watch for in 2025**

Criminals are getting more sophisticated and supercharging old scams with new technology. Learn how to protect yourself.

Source

[AARP](#)

## **More for You**

### **Features**

- [Ask an Expert](#)
- [Senior Navigator: Central Virginia's Guide for Aging Well and Caregiving](#)

### **Staying Connected**

- [Advance Care Planning Resources](#)
- [Honoring Choices Virginia](#)
- [Virginia Legal Aid](#)
- [Virginia State Bar ~ Legal Help for Virginians](#)

[View PDF](#)