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Legal and Estate Planning
Long Term Care
End of Life Planning

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Articles

Honoring Choices Virginia: Advance Care Planning Resources and Tools

Honoring Choices Virginia has developed a suite of educational materials about advance care planning and related topics. These resources are free to the public and available for personal download.

Source

Honoring Choices® Virginia

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Article

Five Reasons to Update Your Estate Plan: Wills, Trusts, End-of-Life Documents

Estate plans and wills need to be reviewed periodically to ensure that it still reflects your wishes through the many twists and turns of life.

Source

Today's Caregiver

Virginia Long Term Services and Supports (LTSS) Finder

Need help understanding long term services and supports options in your community? The Virginia Long Term Servicesa and Supports (LTSS) Finder will help you find home care, independent living, assisted living, memory care, and hospice in your community.

Source

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6 Top Scams to Watch Out for in 2024

Criminals are getting more sophisticated and supercharging old scams with new technology.

Source

AARP

Article

A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners

A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners contains resources and information for advanced care planning. Source

BOLD Public Health Center of Excellence on Dementia Caregiving (PHCOE-DC)

Article

How Continuing Care Retirement Communities Work

Continuing care retirement communities, also known as CCRCs or life plan communities, are a long-term care option for older people who want to stay in the same place through different phases of the aging process.

Source

AARP

Article

Beware: 8 Red-Hot Frauds

Check out the list of today's hottest emerging frauds.

Source

<u>AARP</u>

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- Ask an Expert
- Senior Navigator: Central Virginia's Guide for Aging Well and Caregiving

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