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AARP's Fraud Watch Network™ Helpline is a free resource for AARP members and nonmembers alike. Trained fraud specialists and volunteers field thousands of calls each month. Get guidance you can trust, free of judgment.

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## **Virginia Academy of Elder Law Attorneys (VAELA) Resources**

Learn about the resources and information offered from the Virginia Academy of Elder Law Attorneys (VAELA).

Article

## **Five Reasons to Update Your Estate Plan: Wills, Trusts, End-of-Life Documents**

Estate plans and wills need to be reviewed periodically to ensure that it still reflects your wishes through the many twists and turns of life.

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[Today's Caregiver](#)

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## **Virginia Long Term Services and Supports (LTSS) Finder**

Need help understanding long term services and supports options in your community? The Virginia Long Term Services and Supports (LTSS) Finder will help you find home care, independent living, assisted living, memory care, and hospice in your community.

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## **6 Top Scams to Watch Out for in 2024**

Criminals are getting more sophisticated and supercharging old scams with new technology.

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## **A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners**

A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners contains resources and information for advanced care planning.

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[BOLD Public Health Center of Excellence on Dementia Caregiving \(PHCOE-DC\)](#)

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