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[**Five Reasons to Update Your Estate Plan: Wills, Trusts, End-of-Life Documents**](#)

Estate plans and wills need to be reviewed periodically to ensure that they still reflect your wishes through various life changes including: birth or adoption, marital status change, financial change, illness or disability or death.

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[**AARP Fraud Watch Network Helpline**](#)

AARP's Fraud Watch Network™ Helpline is a free resource for AARP members and nonmembers alike. Trained fraud specialists and volunteers field thousands of calls each month. Get guidance you can trust, free of judgment.

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Article

Virginia Academy of Elder Law Attorneys (VAELA) Resources

Learn about the resources and information offered from the Virginia Academy of Elder Law Attorneys (VAELA).

Article

Five Reasons to Update Your Estate Plan: Wills, Trusts, End-of-Life Documents

Estate plans and wills need to be reviewed periodically to ensure that they still reflect your wishes through various life changes including: birth or adoption, marital status change, financial change, illness or disability or death.

Source

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Article

Virginia Long Term Services and Supports (LTSS) Finder

Need help understanding long term services and supports options in your community? The Virginia Long Term Services and Supports (LTSS) Finder will help you find home care, independent living, assisted living, memory care, and hospice in your community.

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Criminals are getting more sophisticated and supercharging old scams with new technology. Learn how to protect yourself.

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[A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners](#)

A Guide on Advanced Care Planning Resources: For People Living with Dementia and Their Care Partners contains resources and information for advanced care planning.

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[BOLD Public Health Center of Excellence on Dementia Caregiving \(PHCOE-DC\)](#)

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