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[**Technology Tools to Help Guard Against Elder Financial Abuse**](#)

Be aware of the risk of financial exploitation for older adults and learn about technology tools to help. AARP identifies websites and companies that can help you flag suspicious behavior and put up financial guardrails to protect your assets.

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[AARP](#)

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[**Social Security Announces 2.5 Percent Benefit Increase for 2025**](#)

The Social Security Administration has announced that Social Security benefits and Supplemental Security Income (SSI) payments for more than 72.5 million Americans will increase 2.5 percent in 2025.

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[Social Security Administration](#)

Article

3 New Ways That Medicare Is Supporting Family Caregivers

Family caregivers are often thrust into caregiving with little notice and can find themselves navigating a complex medical system without any training or guidance. Explore new ways that Medicare is supporting family caregivers.

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How Family Caregivers Can Get the Tax Breaks They Deserve

If you are a family caregiving you could be eligible for certain tax deductions and credits.

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Medicare Open Enrollment: Everything You Need to Know

Learn everything you need to know about Medicare Open Enrollment including options, dates and resources to help!

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VDSS Accepting Fuel Assistance Applications

The Virginia Department of Social Services (VDSS) is currently accepting

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[Virginia Department of Social Services](#)

Article

Social Security Benefits Increase in 2024

Approximately 71 million Americans will see a 3.2% increase in their Social Security benefits and Supplemental Security Income (SSI) payments in 2024.

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[Social Security Administration](#)

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