

## Explore Financial Topics

[Money and Work](#)

[Insurance and Benefits](#)

[Financial Assistance](#)

[Managing Your Finances](#)

## Explore Financial Resources

Articles

### **Technology Tools to Help Guard Against Elder Financial Abuse**

Be aware of the risk of financial exploitation for older adults and learn about technology tools to help. AARP identifies websites and companies that can help you flag suspicious behavior and put up financial guardrails to protect your assets.

Source

[AARP](#)

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## Recent Financial Articles

## Recent Financial Articles

Article

### **How Family Caregivers Can Get the Tax Breaks They Deserve**

If you are a family caregiving you could be eligible for certain tax deductions and credits.

Source

[AARP](#)

Article

## **Medicare Open Enrollment: Everything You Need to Know**

Learn everything you need to know about Medicare Open Enrollment including options, dates and resources to help!

Source

[AARP](#)

Article

## **VDSS Accepting Fuel Assistance Applications**

The Virginia Department of Social Services (VDSS) is currently accepting

Source

[Virginia Department of Social Services](#)

Article

## **Social Security Benefits Increase in 2024**

Approximately 71 million Americans will see a 3.2% increase in their Social Security benefits and Supplemental Security Income (SSI) payments in 2024.

Source

[Social Security Administration](#)

Article

## **Virginia Medicaid Coverage for Adults**

Medicaid has health coverage programs for adults in Virginia who qualify. There are no enrollment costs and no monthly premiums for adults between 19-64 years old who qualify.

Source

[Cover Virginia](#)

Article

# **Cardinal Care: A Program for All Medicaid Members**

Virginia Medicaid members will soon be part of Cardinal Care - a single system of care for all of our 2 million members. Cardinal Care will connect members to the care that they need when they need it and reduce transitions between programs as their health care needs evolve.

Source

[Virginia Department of Medical Assistance Services](#)

## **More for You**

### **Features**

- [Ask an Expert](#)
- [Senior Navigator: Central Virginia's Guide for Aging Well and Caregiving](#)

### **Staying Connected**

- [VN Guide: Financial Emergencies](#)
- [AARP Financial Resources](#)

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