

## Explore Community Topics

[Community Based Services](#)

[Recreation and Learning](#)

[Community Best Practices and State Plans](#)

## Explore Community Resources

Articles

### [\*\*AARP Livability Fact Sheets: The Complete Collection\*\*](#)

The Livability Fact Sheets were created in partnership by AARP Livable Communities and the Walkable and Livable Communities Institute with a shared goal of helping local communities become safer, healthier, more walkable and more livable for people of all ages.

Source

[AARP](#)

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## Recent Community Articles

## Recent Community Articles

Article

### [\*\*VDSS Launches Disaster SNAP Benefits for Victims of Hurricane Helene\*\*](#)

In response to the widespread devastation caused by Hurricane Helene, VDSS is offering a new, temporary Disaster Supplemental Nutrition Assistance Program (D-SNAP) to assist residents in qualifying affected counties.

Source

Virginia Department of Social Services

Article

## **Road Scholar Program**

Road Scholar is the world's largest and most innovative creator of experiential learning opportunities. We have guided generations of lifelong learners on transformative learning adventures.

Article

## **Make a Plan ~ Emergency Preparedness for Your Family**

Make a plan today. Your family may not be together if a disaster strikes, so it is important to know which types of disasters could affect your area.

Source

[Ready.gov](https://www.ready.gov)

Article

## **Extreme Heat and Your Health**

Take steps to protect yourself from extreme heat. Extreme heat is defined as summertime temperatures that are much hotter and/or humid than average.

Source

[Centers for Disease Control \(CDC\)](https://www.cdc.gov)

Article

## **AARP Livability Fact Sheets: The Complete Collection**

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Source

## **What is Ask an Expert?**

Not sure where to turn? Let us help guide you! Ask an Expert is an exciting feature that allows you to email us a question so you can receive information, resources, and services to take the next step forward.

Source

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## **More for You**

### **Features**

- [Ask an Expert](#)
- [Senior Navigator: Guide for Aging Well and Caregiving](#)
- [Transitions in Care Resources](#)

### **Staying Connected**

- [engAGED: Nat'l Resource Center for Engaging Older Adults](#)
- [Senior Resources Near Me](#)
- [Social Engagement Tools and Resources](#)
- [Virginia Long Term Services and Supports \(LTSS\) Finder](#)

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