

We are a 501c3 non-profit organization that provides free information about health, aging, disability and post-military resources available to Virginians. The information focuses on issues such as health, financial concerns, legal questions, health facilities, housing options, transportation, exercise programs, advocacy, and more. Support comes from contributions made by individuals (people like you), corporations, and foundations. All contributions are tax-deductible. Your donation is important to us and important to those struggling to find help with elder care in Virginia.

The information is organized on this website, and allows you to search using your city/county or ZIP code. This search identifies those resources available in your community.

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In addition to the website, we are pleased to partner with our Navigator Centers throughout the state. These Centers voluntarily provide free access and assistance with the website to our friends and neighbors without computers or internet access.

Our Family of Sites

[Image](#)



[disAbilityNavigator](#)

disAbilityNavigator is the best way to find disability services in Virginia, including personal assistance, accessible housing, benefits and more.

[Image](#)



SeniorNavigator

SeniorNavigator is the trusted guide to healthy aging in Virginia. Search for housing options, transportation programs, caregiving resources, and other services for seniors.

[Image](#)



[VeteransNavigator](#)

VeteransNavigator helps Virginia veterans and their families navigate post-military life with resources related to benefits assistance, health care, employment training and more.

Get In Touch

Our team is here to help you and your loved ones connect with critical resources. Connect with us online or by phone.

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