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10 Tips For Finding The Right Home Care Agency

If you are pursuing home care options for your family, explore these 10 valuable tips for making informed decisions when it comes to finding the perfect home care agency for your loved ones.

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How Continuing Care Retirement Communities Work

Continuing care retirement communities, also known as CCRCs or life plan communities, are a long-term care option for older people who want to stay in the same place through different phases of the aging process.

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Universal Design Resources

Universal Design (UD) is a strategy for making products, environments, operational systems, and services welcoming and usable to the most diverse range of people possible.

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11 Housing Options for Older Adults Who Need a Little - or More - Help

Housing ranks among the biggest monthly expenses, but few older adults consider the most appropriate home settings for their needs.

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