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## **Grief and Death, 5 Week Series**

Date and Time

Wednesday 6/7/2023 5:30 to 7:00pm

Event URL

[Register Here](#)

Event Region

Charlottesville Area

Event Type

Class - Workshop

Event Cost

\$0.00

Event Description

Grief and Death is offered on Wednesdays, June 7–July 5, 5:30–7:00 pm. Brenda Monroe of Promedica Heartland Hospice leads a five-week series on grief and how to cope with the death of a loved one. Learn ways to handle anniversaries and birthdays, honor your loved one, and heal. Free and open to all. Register