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Registered Dietitian Q & A, The Center

Date and Time

Monthly on the first Wednesday at 3:30pm for 6 times

Event URL

[Register Here](#)

Event Region

Charlottesville Area

Event Type

Class - Workshop

Event Cost

\$10.00

Event Description

Registered Dietitian Q&A, Wednesday, March 1, 4:30–5:30 pm, Gain a greater understanding of general nutrition and how nutrition needs change as we age and become better equipped to create well-balanced meals. Join UVA Health Dietitian Olivia Obertello. Ask questions about your personal health. The sessions will be on the first and third Wednesdays of each month. Open to all. Free for members; Guests \$10. Register

Event Image or Sponsor Logo

Image

