

## Personal Care

Age Requirements

18 and over

Intake Process

Visit the website for information; call the office.

Report Problems

Call the Agency

Self Refer

Yes

FirstLight Home Care of Springfield

<https://www.firstlighthomecare.com/home-healthcare-springfield-alexandria/>

<https://www.facebook.com/FirstLightHomeCareGreaterSpringfield/>

Main

(703) 982-7646

9020-F Lorton Station Blvd, Suite 109

22079 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Languages Spoken

English

Firstlight Home Care of Springfield offers personal care services in your home. Non-medical in-home care for adults of all ages is available wherever and whenever it is

needed. Caregivers at FirstLight are compassionate, caring, sincere, experienced, and attentive.

Whether for seniors that need some assistance in order to stay in their homes, families with members who have special needs or disabilities, those recovering from an illness or surgery, or even people who just need someone to talk to and visit with, FirstLight caregivers can provide services for several hours a week up to full time, live in situations. Dementia and Veteran care services are available.

Personal care can include assistance with activities of daily living, such as bathing, dressing, toileting, hygiene, feeding, grooming, etc. Companion services are also available, including medication reminders, meal planning and preparation, laundry services, recreational activities, routine or incidental transportation, errand service, and more.

Please contact the office for more information.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City