

## Senior Visitor Program

Age Requirements

56-60

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60+

Intake Process

Complete form

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Mental Health America of Fredericksburg

<http://www.mhafred.org/>

<https://www.mhafred.org/senior-visitors/>

<https://www.facebook.com/Senior-Visitors-Program-162750627097997/>

Main

(540) 371-2704

2217 Princess Anne Street, Suite 104-1

22401 VA

United States

Fee Structure

No Fee

Mental Health America of Fredericksburg offers Senior Visitors. This program is a volunteer based program.

The Senior Visitors Program promotes independence and health for older adults — allowing them to live at home longer while staying connected to their community. The program matches socially isolated senior citizens with trained volunteers who provide weekly, home-based visits.

There is no cost to the client since this program is part of our community service mission.

Individuals are usually 60+ years old, are lonely in a situation that keeps them from getting out of their home or staying active in the community. If you would like to refer someone to our program, please fill out our Client Referral form (download [Referral Form](#)). If they are in need, we want to help.

Volunteers, 18 years or older, are asked to commit at least 6 months of time to our program. Each week, they will visit their senior client for one hour. Some volunteers simply sit and talk; others go on an outing, do errands, visit the doctor, or find a common hobby to enjoy together.

Service Area(s)

Fredericksburg City

,

Spotsylvania County

,

Stafford County

Email

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