

Published on *SeniorNavigator* (<https://seniornavigator.org>)

[Rebuilding Together: A Guide for Caregivers](#)

The Shepherd Center in Atlanta, GA has developed a guide for caregivers of individuals with acquired brain injury. [Rebuilding Together](#) provides valuable information on brain injury and what caregivers can expect following a brain injury including recovery, rehabilitation, and how to take care of themselves.