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Virtual Grief Support Group, Gentle Shepherd Hospice

Date and Time

Weekly on Friday at 6:30pm for 6 times

Event Region

Roanoke Valley

Event Type

Support group

RSVP Info

1-800-789-0586 or email griefsuppot@gentleshepherdhospice.com

Event Cost

\$0.00

Event Description

Virtual Grief Support Group will be offered by Gentle Shepherd Hospice. The support group will be held on Tuesdays from 6:30 - 8:30 pm beginning in the Fall of 2021. GriefShare offers practical information that will help you recover from grief and loss. Each week, you can watch a video seminar featuring top experts on grief and recovery, spend time in discussion with other group members and receive suggestions for further personal study and reflection. You can join anytime during the 13 week program. To register, call 1-800-789-0586 or email griefsuppot@gentleshepherdhospice.com. Assistance is available for downloading Zoom app. Space is limited. In partnership with Love and Truth Community Church in Lynchburg, VA. Feel free to check out free resource for family caregivers at seriousillness.org/roanoke or seriousillness.org/lynchburg.