

## Virtual Senior Center

Age Requirements

No Age Requirement

Available 24/7

Yes

Documents Required

No documentation required

Intake Process

There are two ways to join the Virtual Senior Center (VSC). You can sign up as either an individual member and become part of our community, or you can join as an organization and create your own virtual community. Please visit the website for a membership form.

Report Problems

Call the Agency

Self Refer

Yes

Selfhelp Community Services

<https://www.vscm.selfhelp.net/>

<https://www.facebook.com/SelfhelpCommunityServices/>

<https://twitter.com/selfhelpny>

Main

(718) 559-4460

Selfhelp

520 8th Avenue

10018 NY

United States

Fee Structure

Membership Fee

Payment Method(s)

Private Pay

Languages Spoken

English

,

Spanish

,

French

,

Multi-Lingual

The Virtual Senior Center (VSC) was launched more than a decade ago, trailblazing the way for homebound older adults to combat isolation and loneliness through live online learning. The VSC is the brainchild of Selfhelp Community Services, a not-for-profit that provides a broad set of home care and community-based services to more than 20,000 elderly, frail, and vulnerable New Yorkers each year. Its overarching goal is to help seniors live with dignity and independence. Selfhelp was founded 85 years ago to help Europeans settling into North America, and is the oldest and largest program serving this population.

Today the VSC continues to transform lives, extending beyond New York to all around the country through its innovative and interactive classes, cultural experiences, discussion groups, and chats.

Service Area(s)

Nationwide

Email

[vsc@selfhelp.net](mailto:vsc@selfhelp.net)