

## Mobility Options, Transportation Guidance

Age Requirements

18 and over

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60+

Documents Required

Call for details

Other Eligibility Criteria

Serves older adults age 60 and older. Also serves individuals with disabilities age 18 and older.

Intake Process

Call for a transportation Assessment to determine needs and eligibility for alternative programs.

Provider Refer

Yes

Report Problems

Call the Agency

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Send an Email

Self Refer

Yes

Healthy Generations Area Agency on Aging

<https://healthygenerations.org>

<http://healthygenerations.org/our-services/>

<https://www.facebook.com/RappahannockAreaAgencyonAging/>

Main

(540) 371-3375

460 Lendall Lane

22405 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Languages Spoken

English

The Healthy Generations Area Agency on Aging (HGAAA) Mobility Options program, funded in part by the Virginia Department of Rail and Public Transportation, provides transportation education, works to improve transportation accessibility for older adults and individuals with disabilities by educating the community, removing barriers, and expanding options. Mobility Options offers transportation information and referral services, a comprehensive transportation resource guide, complimentary travel training instruction, and door-to-door demand response transportation based on driver availability.

Limited door-to-door transportation to individuals with disabilities and senior citizens in Fredericksburg is available.

Service Area(s)

Caroline County

,

Fredericksburg City

,

King George County

,

Spotsylvania County

,

Stafford County

Email

[info@healthygenerations.org](mailto:info@healthygenerations.org)