

## Accessible Transportation

### Age Requirements

60+

### Other Eligibility Criteria

Transportation services are for seniors and people with disabilities.

### Intake Process

Call Mobility Options to schedule your ride. For limited door-to-door transportation, users must complete a Transportation Assessment over the phone. Rides are scheduled first-come, first-served up to 30 days in advance. A limited number of slots are available each day.

### Intake Contact Telephone

(540) 656-2985

### Provider Refer

No

### Report Problems

Call the Agency

### Self Refer

Yes

Healthy Generations Area Agency on Aging

<https://healthygenerations.org>

<http://healthygenerations.org/mobility-options/>

<https://www.facebook.com/RappahannockAreaAgencyonAging/>

### Main

(540) 656.2985

460 Lendall Lane

22405 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Languages Spoken

English

Mobility Options provides transportation to seniors and people with disabilities throughout Planning District 16. Mobility Options will match riders with existing routes and services provided by human services agencies in the region. In addition, trips are purchased by Mobility Options from private and public paratransit providers. Transportation may be available for non-emergency medical appointments, essential grocery shopping trips, and formal social or recreational programs (excluding Healthy Generations Senior Cafes).

Mobility Options provides between two to three trips a month for an individual on a first come first serve basis. Special considerations are made for trip requests to places of employment, training, or education. Alternative sources such as public transit or a Medicaid transportation benefit should be used before making a Trip Request.

Visit the website to read the [Mobility Options Transportation Provider Resource Guide](#) and the [Mobility Options Information Guide](#).

Mobility Options has limited resources to provide direct door-to-door service. General door-to-door services hours are Monday – Friday, 5:00 am – 5:00 pm. Interested users are encouraged to call to request door-to-door service well in advance of their appointment date but no more than 30 days in advance.

Service Area(s)

Caroline County

,

Fredericksburg City

,

King George County

,

Spotsylvania County

,

Stafford County

Email

[info@raaa16.org](mailto:info@raaa16.org)