

Physical Therapy

Age Requirements

No Age Requirement

Available 24/7

No

Intake Process

Please call our office or visit our website to schedule an appointment.

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Medicare.gov

Report Problems

Call the Agency

Jordan-Young Institute

<https://www.jordan-younginstitute.com/>

<https://www.jordan-younginstitute.com/physical-therapy-orthopedic-surgeon-virgi...>

<https://www.facebook.com/JordanYoungInstitute/>

<https://twitter.com/JordanYoungInst>

Main

(757) 490-4802

5716 Cleveland Street, Suite 200

23462 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fee Range

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicare

Languages Spoken

English

The Jordan-Young Institute offers physical therapy as part of its comprehensive practice that includes orthopedic surgery, neurosurgery, sports medicine, and physiatry. Physical therapy is part of the rehabilitation programs that help patients improve their fitness levels and restore the functional ability for performing normal routine activities. It is often recommended in recovery after a surgery. Physical therapy includes different forms of exercises such as stretching, weight lifting, core exercises, and walking that increase the flexibility and strength of the affected region and also help in relieving pain and swelling.

Please visit our website for a complete list of conditions that we treat. Our Physical Therapy service is part of the Ivy Rehab Network.

Service Area(s)

Virginia Beach City