

Meals on Wheels

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

60 years and older, unable to prepare meals or have someone available to prepare meals, homebound.

Intake Contact

Pam Bennett

Intake Contact Email

pam@vpas.info

Intake Process

Please call or email for more information.

Intake Contact Telephone

(540) 949-7141

Valley Program for Aging Services (VPAS)

<http://vpas.info/>

<https://www.vpas.info/meals-wheels>

<https://www.facebook.com/ValleyProgramforAgingServices/>

Main

(540) 949-7141

Toll-Free

(800) 868-8728

325 Pine Avenue

22980 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

Valley Program for Aging Services (VPAS) has a Meals on Wheels program that provides nutritious, freshly prepared meals delivered to the home up to 5 days a week to individuals 60 years and older who meet eligibility requirements. Where frequent delivery is not possible, frozen, microwavable meals are delivered monthly.

Service Area(s)

Augusta County

,

Bath County

,

Buena Vista City

,

Harrisonburg City

,

Highland County

,

Lexington City

,

Rockbridge County

,

Rockingham County

,

Staunton City

,

Waynesboro City

Email

vpas@vpas.info