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## [Medicare Annual Wellness Visit Tips and Resources](#)

Find the resources and information you need to understand and schedule your Medicare Annual Wellness Visit.

### **What is the Medicare Annual Wellness Visit?**

The Medicare Annual Wellness Visit (AWV) provides a time to meet with your primary care physician (PCP) to create or update a personalized plan to help prevent illness based on your current health and risk factors.

### **Annual Wellness Visit Tips**

- Bring your medical records to the wellness visit including a list of your prescriptions, over-the-counter drugs, and supplements.
- Include a list of your current doctors and other health providers. Be prepared to discuss your family medical and health history.
- During the visit you will complete the *Medicare Total Health Assessment*. Your physician will provide education and counseling about preventive services, and discuss any health issues that are identified that may need follow-up.
- After the AWV you may need to set up a more in-depth appointment to address specific diagnostic or health care needs.

### **For More Information**

- [What is an Annual Wellness Visit and Why is it Important?](#)

- [Medicare Wellness Visits](#) - Information from the Medicare Learning Network
- [Your Guide to Medicare Preventive Services](#)
- [Medicare and You](#) - Official Medicare Handbook
- [Getting Your Telehealth Appointments Covered By Medicare](#)
- [Medicare.gov Compare Tools](#)

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