## Patient Support, Multiple Sclerosis

Age Requirements No Age Requirement Intake Process Email or call for more information. Most programs can be registered for on the website. **Report Problems** Call the Agency Can Do Multiple Sclerosis https://www.cando-ms.org/ https://www.facebook.com/CanDoMultipleSclerosis/ https://twitter.com/CanDoMS Main (970) 926-1290 Toll-Free (800) 367-3101 100 W. Beaver Creek Blvd Suite 200 81620 CO United States Monday: 9:00 am-5:00 pm Tuesday: 9:00 am-5:00 pm Wednesday: 9:00 am-5:00 pm Thursday: 9:00 am-5:00 pm Friday: 9:00 am-5:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Some virtual classes may have set times. Fee Structure No Fee , Call for Information

Languages Spoken

## English

Since 1984, Can Do MS (formerly The Jimmie Huega Center for Multiple Sclerosis) has been at the forefront of promoting the culture and belief that everyone living with Multiple Sclerosis (MS) has the power to live full lives. Despite the conventional wisdom at the time of his diagnosis to avoid physical activity to manage his condition, Jimmie instead began developing his own program of exercise, nutrition, and mental motivation to improve his physical condition and outlook on life with MS.

The whole person, whole health, and whole community approach to MS provide people and their support partners with a comprehensive, multi-dimensional view of MS that addresses the physical, interpersonal, emotional, intellectual, and spiritual aspects that are unique to them. Programs, tools, and resources are available to support the individual and the larger community who are affected by MS, enhancing overall health and well-being by addressing challenges that are unique to families living with MS.

Find education, motivation, and connection during the health and wellness programs, offered virtually.

Service Area(s) Nationwide Email <u>Email contact form is available on the website</u>