

Published on *SeniorNavigator* (<https://seniornavigator.org>)

[The Next Step in Care - Family Caregiver Guide](#)

This [Next Step in Care guide](#) explores the many new technology products, services, and apps designed to help family caregivers, especially those who are taking care of an older adult. These technology resources include electronic organizers to coordinate care, wearable devices to notify others in an emergency, home sensors or cameras to monitor a person's activity, and apps that keep track of medications.