# [Pain Management, Sheltering Arms Hospital, Midlothian](#)

Documents Required

Call for details

Other Eligibility Criteria

Veterans will need a referral to receive services.

Intake Process

Call for information and an appointment.

Intake Contact Telephone

(804) 764-1000

Provider Refer

Yes

Qualifications

Qualification Type

Certification

Qualification Entity

Medicaid

Report Problems

Call the Agency

Self Refer

Yes

Sheltering Arms Physical Rehabilitation Centers

[https://www.shelteringarms.com](https://www.shelteringarms.com)

[https://www.facebook.com/shelteringarms/](https://www.facebook.com/shelteringarms/)

https://twitter.com/SheltArmsRehab

Rehablog [https://www.shelteringarms.com/about-us/rehablog/](https://www.shelteringarms.com/about-us/rehablog/)

Main

(804) 764-1000

Toll-Free

(877) 567-3422

13700 Saint Francis Boulevard, Suite 400

23114 VA

United States

Fee Structure
Call for Information
Payment Method(s)
Private Insurance

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Medicaid

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Medicare

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Tricare
Languages Spoken
English

Back pain can be caused by a number of factors.  The physicians and staff at the Sheltering Arms Spine Clinic specialize in identifying the cause of painful spinal conditions and determining the most appropriate and effective treatment plan.

The clinic uses a three-tiered treatment plan. The first tier includes physical therapy, anti-inflammatory medication and activity modification.  The next tier adds selective spinal injections and the last tier involves more invasive procedures, including surgery if necessary.

The physicians at Sheltering Arms are dedicated to using the least invasive methods for easing your pain as thoroughly and efficiently as possible. Physical therapy is available at all clinic locations.

Service Area(s)
Amelia County

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Brunswick County

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Caroline County

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Charles City County

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Charlottesville City

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Chesterfield County

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Colonial Heights City

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Cumberland County

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Dinwiddie County

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Essex County

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Fredericksburg City

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Gloucester County

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Goochland County

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Greensville County

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Halifax County

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Hampton City

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Hanover County

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Henrico County

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Isle of Wight County

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James City County

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King George County

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King William County

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King and Queen County

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Lancaster County

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Louisa County

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Mathews County

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Mecklenburg County

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Middlesex County

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New Kent County

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Newport News City

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Norfolk City

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Northumberland County

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Nottoway County

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Petersburg City

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Powhatan County

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Prince Edward County

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Prince George County

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Richmond City

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Richmond County

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Southampton County

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Spotsylvania County

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Stafford County

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Sussex County

,

Virginia Beach City

,

Westmoreland County

Email

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