

## **Caregiver Help Desk - It's Free!**

Contact our Care Support Team, staffed by caregiving experts, to help you find the right information you need to help you navigate your complex caregiving challenges. Caregiving experts are available 8:00 AM – 7:00 PM ET.

Call [855-227-3640](tel:855-227-3640)

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Source

[Caregiver Help Desk from Caregiver Action Network \(CAN\)](#)