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[Tips for Older Consumers to Stop Illegal Robocalls](#)

Robocalls, the persistent automated telephone calls to cell phones and landlines, are a favorite tool of telemarketers, debt collectors, and scammers. Older adults anticipating important calls from medical providers and others may be reluctant to answer the phone due to excessive or unwanted telephone calls. There is no completely effective method to stop unwanted robocalls, and real solutions require that the Federal Communications Commission use the laws effectively to regulate robocallers and require phone companies to authenticate all calls.

This [Tip Sheet](#) offers 9 practical strategies to help consumers take some control and stop robocalls. You can also find more information at the National Consumer Law Center's [Tips to Stop Robocalls](#).

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