

## Food Bank Volunteers

Age Requirements

No Age Requirement

Available 24/7

No

Family

Yes

Intake Contact

Carey Sealy

Intake Contact Email

csealy@fredfood.org

Intake Process

Call or email for more information.

Intake Contact Telephone

(540) 371-7666

Provider Refer

Yes

Report Problems

Call the Agency

,

Send an Email

Residency Requirements

The food pantry service area includes the communities of Colonial Beach, Locust Grove and Triangle.

Self Refer

Yes

Fredericksburg Regional Food Bank

<https://www.fredfood.org/>

<https://www.fredfood.org/volunteer>

<https://www.facebook.com/FredFoodva>

<https://twitter.com/FredFoodVA>

<https://www.fredfood.org/blog>

Main

(540) 371-7666

3631 Lee Hill Drive  
22408 VA  
United States

#### Additional Availability Comments

The food bank is also open from 9:00 am until 12:00 pm on the first Saturday of each month. Non-perishable donation items may be left in the Donation Drop Box located outside of our Warehouse Entrance.

#### Fee Structure

No Fee

#### Languages Spoken

English

The Fredericksburg Regional Food Bank offers a variety of volunteer opportunities. Volunteers must attend an orientation prior to beginning their service. Visit the website for the orientation schedule, available opportunities, calendar and registration.

#### Email

[info@fredfood.org](mailto:info@fredfood.org)