

Published on *SeniorNavigator* (<https://seniornavigator.org>)

Daughterhood Circles

What is Daughterhood?

Daughterhood.org's mission is to support and build confidence in women who are managing their parents' care. The daughterhood website, blog, podcast and social media links connect you — the care manager — to resources and a wholly unique perspective on our health and elder care systems.

Daughterhood is what happens when we put our lives on hold to take care of our parents. Unlike motherhood, we don't expect daughterhood. And, even if we did, it's shocking how hard and time consuming it is.

Daughterhood Circle Gatherings

Led by trained Circle Leaders who 'get it,' **FREE** [Virtual Circles](#) provide essential information in a concise and engaging format. Join a *Topic Circle* to take a 'deep dive' into specific areas including dementia, care transitions, navigating resources and financing care. Or join a *Connection Circle* that does just that- connect members who have the opportunity to share and learn from each other in a less structured format.

Daughterhood Resources

Explore the Daughterhood [website](#), [blog](#), [podcast](#), and [resources](#) including essential books and websites.

[Learn more about Anne Tumlinson](#) and how she came to start daughterhood.org.

Article Source

Daughterhood

Source URL

<https://www.daughterhood.org>

Last Reviewed

Saturday, July 13, 2024