

# **American Heart Association Heart Walks**

Age Requirements

No Age Requirement

Intake Process

Please call or visit the website for dates and locations of event.

American Heart Association

<https://www.heart.org/en/affiliates/virginia/roanoke>

Main

(540) 989-2810

Toll-Free

(800) 242-8721

3140 Chaparral Drive

Building C, Suite 106

24018 VA

United States

The Heart Walk is the American Heart Association's premiere event for raising funds to save lives from this country's No. 1 and No. 3 killers - heart disease and stroke.

Designed to promote physical activity and heart-healthy living, the Heart Walk creates an environment that's fun and rewarding for the entire family.

This year, more than 1 million walkers will participate in nearly 350 events. Your participation will help raise even more in the fight to save lives. Walk with friends, family, coworkers or strangers you'll bond with along the way.

Heart Walks in the Western Virginia area can be found by [visiting the website](#) for

dates and information.

Service Area(s)

Alleghany County

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Bedford County

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Bland County

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Botetourt County

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Buchanan County

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Carroll County

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Craig County

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Dickenson County

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Floyd County

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Franklin County

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Giles County

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Grayson County

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Henry County

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Lee County

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Montgomery County

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Patrick County

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Pulaski County

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Roanoke City

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Roanoke County

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Rockbridge County

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Russell County

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Scott County

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Smyth County

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Tazewell County

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Washington County

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Wise County

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Wythe County