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## **Stroke Survivor & Caregiver Education/Support Group**

Date and Time

Wednesday 6/26/2019 2:00 to 3:00pm

Event Region

Richmond Area

Event Type

Support group

Event Cost

\$0.00

Event Description

Stroke Survivor & Caregiver Education/Support Group. Be part of the group centered on healing, resilience and empowerment led by stroke survivors and caregivers. The group facilitators acknowledge that everyone's recovery journey is different and welcome all participants. The sessions will support you through your recovery challenges provide opportunities for you to share your experiences, lend peer support and be tailored to your needs. Meeting is held on the 4th Wednesday of each month from 2-3pm.

Contact Kate Lim with any questions at 804-764-5290 or [kim@shelteringarms.com](mailto:kim@shelteringarms.com)