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Fall Prevention

Date and Time

Friday 5/4/2018 11:30am

Event URL

<https://www.paainc.org>

Event Region

Peninsula

Event Type

Workshop

RSVP Info

757-246-1918

Event Cost

\$0.00

Event Description

Falls can cause serious injury. A physical therapist will discuss fall risk factors, demonstrate techniques for safely lifting and transferring your loved ones and practice these skills. Come prepared to practice these skills.

This is part of the Caregiver Lunch & Learn Series. The series is FREE and includes lunch. Registration is required. For more information and/or to register, please call 757-246-1918.