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## **Positive Aging and Wellness Fair**

Date and Time

Sunday 10/22/2017 8:45am to 4:00pm

Event URL

[Positive Aging and Wellness Fair](#)

Event Region

Northern Virginia

Event Type

Conference

RSVP Info

Register on line at [www.PositiveAgingFair.com](http://www.PositiveAgingFair.com) or call for information 703.537.3061

Event Cost

\$20.00

Event Description

The community is invited to attend the fair which comprises interactive and informative workshops promoting active aging through healthy lifestyles that may help you live longer, more independently, and more positively. The fair is geared for adults 50+. Visit [positiveagingfair.com](http://positiveagingfair.com) for more details!

Keynote Speaker (10am)

Bob Levey, prize-winning journalist formerly with The Washington Post.

Small-Group Workshops

Fair participants may attend three workshop sessions, one in the morning and two following lunch. Workshops will include Brain Health, Nutrition, Sleep, Sexuality, Travel, Employment, Tech Tips, Safe

Driving, Scams and Frauds, Home Improvement, Awareness Through Movement, and Eccentrics: Backward Aging.

Northern Virginia Positive Aging and Wellness Fair

Date: Sunday, October 22, 2017

Time: 8:45 am - 4:00 pm

Location:

Inova Center for Personalized Health

Conference Center

3225 Gallows Road (across from Inova Fairfax Hospital at old Exxon Mobil campus)

Fairfax, VA

Contact: Pam Wiener

Phone: 703.537.3061

Email: [Pam.Wiener@jccnv.org](mailto:Pam.Wiener@jccnv.org)

Register online at [positiveagingfair.com](http://positiveagingfair.com). You may also register by calling 703.323.0880. Register early as some workshops have limited space. Please be sure to specify the three workshops you would like to attend and your lunch selection when registering.

Fee: \$20 (includes admission, workshops and lunch)

Event Image or Sponsor Logo

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