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Walk With a Doc, Waynesboro

Date and Time

Monthly on the third Saturday at 8:30am until Sunday 10/29/2017

Event URL

[Walk-With-A-Doc](#)

Event Region

Harrisonburg/Staunton/Lexington

Event Type

Social event

RSVP Info

540-932-4191

Event Cost

\$0.00

Event Description

A new program called Walk With a Doc is being launched. It is part of a nationwide program to get communities moving. A walk will be led by one of Augusta Health's doctors in Staunton's Gypsy Hill Park or Waynesboro's Greenway. A walk is held at each location once a month. Each participant will receive a free t-shirt and pedometer. This free activity is sponsored by the Augusta Health Community Benefit Committee in collaboration with Staunton Parks & Recreation and Waynesboro Parks & Recreation. Call 540-932-4191 to request more information. For Waynesboro location meet at Dominion Shelter at Constitution Park.