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## **Walk Roanoke with AARP Virginia**

Date and Time

Weekly on Monday at 1:30pm until Tuesday 5/23/2017

Event URL

[Walk Roanoke with AARP](#)

Event Region

Roanoke Valley

Event Type

Community event

RSVP Info

[aarpwalkrke@yahoo.com](mailto:aarpwalkrke@yahoo.com)

Event Cost

\$0.00

Event Description

Walking is a terrific way to keep your body and mind healthy, meet new friends and enjoy the beautiful spring weather. AARP has partnered with the local chapter of the American Volkssport Association (AVA) to start a new weekly walking group in Roanoke. The walking group is scheduled to meet for five consecutive Mondays, starting on April 24, 2017 at 1:30 at Wasena Park. Locations to meet and times vary. Walk Roanoke is free and open to all ages and pet friendly. Walk at your own pace. If you have questions please email [aarpwalkrke@yahoo.com](mailto:aarpwalkrke@yahoo.com) Parking at Wasena Park near the childrens playground