

## Healthy Aging Lectures

Age Requirements

No Age Requirement

Intake Process

If you would like to attend, please RSVP by calling 703-558-6859.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Virginia Hospital Center (VHC Health)

<https://www.vhchealth.org/>

<https://www.vhchealth.org/classes-events/healthy-aging/healthy-aging-lectures/>

Main

(703) 558-5000

Carlin Spring Campus Location

601 S. Carlin Springs Rd.

22204 VA

United States

Additional Availability Comments

Lectures are held once a month on Fridays, 11:00am - 12:00pm

Fee Structure

No Fee

Languages Spoken

English

Healthy Aging Lectures at Virginia Hospital Center are sponsored by the Senior Health Department. Each month an educational lecture on a topic related to health, aging, and living well will be offered. A variety of topics are covered and the lectures bring in experts to keep you informed and to provide you with resources in the community. Lectures are held virtually.

To view the schedule, follow [this link](#).

For additional information or assistance, please contact the VHC Senior Health Department at 703.558.6859 or [seniorhealth@vhchealth.org](mailto:seniorhealth@vhchealth.org)

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

Email

[seniorhealth@vhchealth.org](mailto:seniorhealth@vhchealth.org)