## Outpatient Services, Mental Health and Substance Abuse, Chesapeake

Age Requirements 0-5 , 6-12 , 13-21 , 22-55 56-60 , 60 +Family No **Provider Refer** Yes Qualifications **Qualification Type** Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services (DBHDS) Self Refer Yes National Counseling Group, Inc. https://www.ncgcommunity.com https://www.facebook.com/NCGcommunity/ @NCG\_community Main (757) 325-9570 **Toll-Free** (877) 566-9624

3101 American Legions Road Suite 21A 23321 VA United States

Languages Spoken English

Spanish

Korean

National Counseling Group (NCG) provide treatment for substance abuse disorders, psychiatric illnesses, and dual diagnosis of substance abuse and mental illness. Outpatient treatment services include:

- Comprehensive Substance Use and Mental Health Evaluations;
- Drug and Alcohol Screening;
- Individual and Family Therapy;
- Group Therapy, Marital and Couples Counseling;
- Comprehensive Education Program;
- Life Skills Coaching;
- Relapse Prevention and Recovery Planning,
- and Case Management.

The use of twelve step programs and referrals for medication evaluations may be indicated as part of the client's treatment and recovery. Services are highly individualized, based on the individual's symptoms, motivation, and level of insight.

Service Area(s) Chesapeake City

Isle of Wight County

Portsmouth City

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Suffolk City Email <u>referral@ncgcare.com</u>