Substance Abuse Wellness, Health Promotion, and Prevention Services

Age Requirements 0-5 , 6-12 , 13-21 , 22-55 56-60 , 60 +Family No **Provider Refer** Yes Self Refer Yes Fairfax Falls Church Community Services Board http://www.fairfaxcounty.gov/csb/services/wellness-health-promotion.htm Main (703) 359-3000 Phone Emergency (703) 573-5679 TTY/TTD 711 Merrifield Center 8221 Willow Oaks Corporate Drive 22031 VA **United States** Payment Method(s)

Tricare , Medicaid , Private Pay , Private Insurance , Medicare Languages Spoken English , Multi-Lingual , Sign Language , Spanish , French ,

The Fairfax-Falls Church Community Services Board (CSB) offers Wellness, Health Promotion, and Prevention Services to engage and involve the community in activities to strengthen emotional health and build community capacity to handle complications related to substance use and mental illness.

Services are provided throughout the county and include:

- Coordinated, community focused workshops;
- Brief screening and intervention;
- Health and awareness raising campaigns;
- Evidence based programming;
- Efforts focused on high-risk populations or areas.

Current activities focus on priorities identified by the Community Services Board and the community, including:

- Suicide prevention;
- Mental health promotion;
- Underage drinking;
- Tobacco cessation and prevention;
- Primary health care integration;
- Prescription drug abuse prevention;
- Peer support;
- Safe handling of medications.

Wellness and Health Promotion provides several community programs designed to promote healthy behaviors and lifestyles. Some of these programs are:

- Mental Health First Aid;
- Girls Circle;
- Leadership and Resiliency Program;
- Too Good for Drugs;
- Road DAWG;
- Al's Pals: Kids Making Healthy Choices;
- ACT Against Violence: Parents Raising Safe Kids.

Service Area(s) Fairfax City

Fairfax County

Falls Church City