

## Independence for Seniors and Senior Socials, Richmond

Age Requirements

18 and over

Family

No

Intake Contact Email

agency@cccova.org

Intake Process

Visit the website for information or call the office.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Commonwealth Catholic Charities, Richmond

<http://cccova.org/>

<https://www.cccova.org/ifs>

<https://www.facebook.com/cccova>

<https://twitter.com/cccova>

Main

(804) 545-5916

TTY/TTD

(804) 285-1630

1601 Rolling Hills Drive

23229 VA

United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed  
Sunday: Closed  
Languages Spoken  
English

Commonwealth Catholic Charities (CCC) Independence for Seniors supports healthy lifestyles and interactions for mature adults. The program improves the quality of life for seniors by encouraging physical and mental activity, good nutrition, and personal relationships. The following sources of care are provided to Seniors:

The Call Reassurance program provides seniors with a friendly phone call from a caring volunteer. Seniors feel less lonely knowing that a compassionate friend is only a phone call away.

The Care Coordination program helps individuals and families with the management and organization of daily tasks and care and a person-centered care plan. Call for more details.

The Caregiver Relief program provides much-needed breaks to stressed family members who are caring for their loved ones at home. Trained volunteers are matched with a family to provide a few hours of rest for the caregiver and socialization for the loved ones.

Call 804-545-5916 for more information about the various programs.

Service Area(s)  
Chesterfield County  
,  
Hanover County  
,  
Henrico County  
,  
Richmond City  
Email  
[agency@cccova.org](mailto:agency@cccova.org)