Senior Health Program

Age Requirements

56-60

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60+

Available 24/7

No

Other Eligibility Criteria

55 years and over

Family

No

Intake Process

Call the office; visit the website

Report Problems

Call the Agency

Bon Secours Mary Immaculate Hospital

http://virginia.bonsecours.com/mary-immaculate-hospital/

https://www.eseniorhealth.com/index.php

Main

(757) 886-6464

Toll-Free

(888) 490-9355

2 Bernardine Drive

23602 VA

United States

Fee Structure

No Fee

Languages Spoken

English

Bon Secours Mary Immaculate Hospital participates in a Senior Services program that is focused on helping older adults age successfully. Visit Bon Secours SeniorHealth. The Bon Secours SeniorHealth team is a group of dedicated,

experienced, and resourceful professionals, working in all areas of SeniorHealth services and Healthy Communities in the Hampton Roads and Richmond area. Combined they bring a wealth of experience that make SeniorHealth services, activities, and special events high quality and successful

The Bon Secours SeniorHealth membership program is open to all Virginia residents who are over 55 years of age. The program offers privileges and activities and it is free. It is a one stop shop for wellness activities and education programming in Hampton Roads.

Trips and Travel is one popular activity. Call for events or visit the website.

Membership may offer exercise programs; walking (at local mall); trips and outings; free health screenings; transportation service to a medical appointment and resource library and educational programs. Free Notary service, subscription to the GoodHealth magazine. SeniorFest is an annual health fair.

Service Area(s)
Newport News City
,
Norfolk City