

## Personal Care

Age Requirements

No Age Requirement

Available 24/7

Yes

Intake Contact Email

anim.sampong@optimumcarehomecare.com

Intake Process

Call or email for more information.

Qualifications

Qualification Type

Accreditation

Qualification Entity

Community Health Accreditation Program

Report Problems

Other

Self Refer

Yes

OptimumCare Home Care Services

<http://www.optimumcarehomecare.com>

<http://www.optimumcarehomecare.com/non-medical-home-care-personal-care>

Main

(703) 490-8003

2200 Optiz Boulevard, Suite 210

22192 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

24/7 care, office hours Monday-Friday 9 am - 5 pm.

Fee Structure

Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

,

CCC+

,

Family & Individual Supports Waiver

,

Community Living Waiver

,

Long-term Care Medicaid

,

Medicare

,

Veterans

,

Tricare

Languages Spoken

English

,

Spanish

,

Korean

Optimum Care offers personal care. Whether you are recovering from surgery, an accident, illness or other situation, assistance of daily activities can be provided in your home. Personal care can be on an hourly or 24-hour basis and can include assistance with bathing, grooming, hygiene, feeding, ambulation, meal preparation, grocery shopping, escorting to appointments and social events, organizing and reading mail, reminder services for medication or appointments, and more.

Other languages spoken: Amharic.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County

Email

[info@optimumcarehomecareservices.com](mailto:info@optimumcarehomecareservices.com)