

Day Support for Survivors of Brain Injury

Age Requirements

18 and over

Other Eligibility Criteria

Acquired Brain Injury (ABI)

Intake Process

Visit the website; call the office and arrange a visit.

Provider Refer

Yes

Report Problems

Call the Agency

Residency Requirements

Virginia Residents

Self Refer

Yes

No Limits Eastern Shore

<http://nolimitseasternshore.com/>

@NoLimitsESVA

Main

(757) 789-3990

24546 Coastal Boulevard

23441 VA

United States

Monday: 8:30 am-3:30 pm

Tuesday: 8:30 am-3:30 pm

Wednesday: 8:30 am-3:30 pm

Thursday: 8:30 am-3:30 pm

Friday: 8:30 am-3:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

No Limits Eastern Shore (NLES) offers the No Limits day support for adult survivors of brain injury on the Eastern Shore. Day support provides individuals with brain injury the opportunity to participate in structured activities in a supportive environment. Members call it "the club". Scheduled events currently include outings, gardening, exercise, cooking, volunteer work, independent living activities, cognitive activities, and projects, all designed to strengthen the areas most affected by brain injury.

Please call for more information.

Service Area(s)

Accomack County

,

Northampton County

Email

nolimitseasternshore@gmail.com